

Catholic Prayers and Devotions*

***Prayers to be memorized according to the diocesan curriculum,
plus additional prayers and devotions. (*revised December 2012)***

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
Thy kingdom come;
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as we
forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Prayer Before Meals

Bless us, O Lord, and these your gifts which we
are about to receive from your bounty, through
Christ our Lord.
Amen.

Prayer After Meals

We give you thanks, O almighty God, for all
your benefits, who live and reign now and
forever. Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with you!
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be (Doxology)

Glory be to the Father, and to the Son,
and to the Holy Spirit,
As it was in the beginning, is now, and
will be forever. Amen.

The Ten Commandments

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

(National Catechetical Directory, Appendix A)

Angel of God (Guardian Angel Prayer)

Angel of God, my guardian dear, to whom God's
love commits me here, ever this day be at my
side, to light and guard, to rule and guide.
Amen.

Diocesan Vocation Prayer

O God, hear our prayer and let our cry come unto
you. Bless our Diocese of Savannah with many
vocations to the priesthood, diaconate, and
religious life. Give the men and women You call
the light to understand Your gift and the love to
follow always in the footsteps of Your priestly
Son. Amen.

Act of Contrition/ Prayer of Sorrow

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Prayers said at Mass

Confiteor

I, confess to almighty God,
and to you my brothers and sisters,
that I have greatly sinned in my thoughts and in
my words, in what I have done,
and in what I have failed to do;
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary, ever Virgin,
all the angels and saints,
and you my brothers and sisters,
to pray for me to the Lord our God.

Kyrie

Lord, have mercy. Kýrie, eléison.
Christ, have mercy. OR Christe, eléison.
Lord, have mercy. Kýrie, eléison.

Gloria

Glory to God in the highest, and on earth peace
to people of good will. We praise you, we bless
you, we adore you, we glorify you, we give you
thanks for your great glory.

Lord Jesus Christ, only begotten Son, Lord God,
Lamb of God, Son of the Father, you take away
the sins of the world, have mercy on us; you take
away the sins of the world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are
the Lord, you alone are the Most High, Jesus
Christ, with the Holy Spirit, in the Glory of God
the Father. Amen

Holy, Holy, Holy

Holy, holy, holy Lord, God of hosts.
Heaven and earth are full are full of your glory.
Hosanna in the highest. Blessed is he who
comes in the name of the Lord. Hosanna in the
highest.

Lamb of God

Lamb of God, you take away the sins of the
world: have mercy on us.
Lamb of God, you take away the sins of the
world: have mercy on us.
Lamb of God, you take away the sins of the
world: grant us peace.

The Apostles' Creed

I believe in God, the Father almighty, Creator of
heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit, born of
the Virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried; he
descended into hell; on the third day he rose
again from the dead;
he ascended into heaven, and is seated at the
right hand of God the Father almighty; From
there he will come to judge the living and the
dead.
I believe in the Holy Spirit, the holy catholic
Church, the communion of saints, the
forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.

Nicene Creed

I believe in one God, the Father, the Almighty,
maker of heaven and earth, of all things visible
and invisible. I believe in one Lord, Jesus Christ,
the only begotten Son of God, born of the Father
before all ages.
God from God, Light from Light, true God from
true God, begotten, not made, consubstantial
with the Father; through him all things were
made. For us men and for our salvation he came
down from heaven: and by the Holy Spirit he
was incarnate of the Virgin Mary, and became
man. For our sake he was crucified under
Pontius Pilate; he suffered, death and was buried,

and rose again the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son he is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come. Amen.

The Great Commandments

“Love the Lord your God
with all your heart, with all your soul,
with all your strength with all your mind;
and love your neighbor as you love yourself.”
(Lk 10:27; Dt 6:5; Lv 19:18)

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you revealed them, who can neither deceive nor be deceived. Amen.

Act of Hope

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured. Amen.

The Rosary

The Joyful Mysteries *(Mondays and Saturdays)*

The Annunciation
The Visitation
The Birth of Jesus
The Presentation in the Temple
Mary and Joseph find Jesus in the Temple

The Luminous Mysteries *(Thursdays)*

The Baptism of Jesus in the Jordan
The Wedding Feast at Cana
The Proclamation of the Kingdom of God
The Transfiguration
The Institution of the Eucharist

The Sorrowful Mysteries *(Tuesdays and Fridays)*

The Agony in the Garden
The Scourging of Jesus
The Crowning with Thorns
Jesus Carries his Cross
Jesus Dies on the Cross

The Glorious Mysteries *(Sundays, Wednesdays)*

The Resurrection
The Ascension
The Holy Spirit is sent upon the Apostles
The Assumption of Mary
Mary is Crowned Queen of Heaven and Earth

Hail, Holy Queen

Hail holy queen, mother of mercy; our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

The Angelus

The angel of the Lord declared to Mary.

And she conceived by the Holy Spirit.

Hail Mary. . . .

Behold the handmaid of the Lord.

May it be done unto me according to your word.

Hail Mary. . . .

And the Word was made flesh,

And dwelt among us.

Hail Mary. . . .

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray: Pour forth we beseech You, O Lord, Your grace into our hearts that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen.

The Beatitudes

Blessed are the poor in spirit;
for theirs is the kingdom of heaven.

Blessed are the meek;
for they shall possess the land.

Blessed are they that mourn;
for they shall be comforted.

Blessed are they that hunger and thirst after
justice;

for they shall have their fill.

Blessed are the merciful;
for they shall obtain mercy.

Blessed are the clean of heart;
for they shall see God.

Blessed are the peacemakers;
for they shall be called the children of God.

Blessed are they that suffer persecution for
justice's sake;

for theirs is the kingdom of heaven.

Holy Days of Obligation

All Catholics everywhere are obliged to observe Christ's passover from death to life by attending the Eucharist on the first day of the week, the Lord's Day or Sunday.

Sunday is a day of obligation. In addition, in the United States, the following holy days of obligation are observed.

- Christmas (December 25)
- The Solemnity of Mary Mother of God (January 1)
- Ascension Thursday (fortieth day after Easter)
- Assumption of Mary (August 15)
- All Saints (November 1)
- Immaculate Conception (December 8)

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother; to you I come, before you I stand, sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but in your mercy hear and answer me. Amen. (St. Bernard)

Corporal Works of Mercy

Feed the hungry
Give drink to the thirsty
Clothe the naked
Visit the imprisoned
Shelter the homeless
Visit the sick
Bury the dead

Spiritual Works of Mercy

Counsel the doubtful
Instruct the ignorant
Admonish the sinner
Comfort the sorrowful
Forgive injuries
Bear wrongs patiently
Pray for the living and the dead

The Seven Sacraments

Baptism
Confirmation
Eucharist (Holy Communion)
Reconciliation (Confession, Penance)
Sacrament of the Sick
Matrimony
Holy Orders

Prayer to the Holy Spirit

Come, Holy Spirit. Fill the hearts of your faithful. And kindle them in the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth.

Let us pray.

Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation.

We ask this through Christ our Lord. Amen.

Stations of the Cross

First Station: Jesus is condemned to death.
Second Station: Jesus is made to carry his cross.
Third Station: Jesus falls the first time.
Fourth Station: Jesus meets Mary, his mother.
Fifth Station: Simon, the Cyrenian, helps Jesus carry his cross.
Sixth Station: Veronica wipes the face of Jesus.
Seventh Station: Jesus falls the second time.
Eighth Station: Jesus speaks to the daughters of Jerusalem.
Ninth Station: Jesus falls the third time.
Tenth Station: Jesus is stripped of his garments.
Eleventh Station: Jesus is nailed to the cross.
Twelfth Station: Jesus dies on the cross.
Thirteenth Station: Jesus is taken down from the cross.
Fourteenth Station: Jesus is laid in the tomb.

The Magnificat

I acclaim the greatness of the Lord, I delight in God my Savior, who regarded my humble state. Truly from this day on all ages will call me blest.

For God, wonderful in power, has used that strength for me. Holy the name of the Lord! whose mercy embraces the faithful, one generation to the next.

The mighty arm of God scatters the proud in their conceit, pulls tyrants from their thrones, and raises up the humble. The Lord fills the starving and lets the rich go hungry.

God rescues lowly Israel, recalling the promise of mercy, the promise made to our ancestors, to Abraham's heirs for ever.

(Translation prepared by the International Commission on English in the Liturgy ICEL)

Canticle of Zechariah

Praise the Lord, the God of Israel, who shepherds the people and sets them free.

God raises from David's house a child with power to save. Through the holy prophets God promised in ages past to save us from enemy hands, from the grip of all who hate us.

The Lord favored our ancestors, recalling the sacred covenant, the pledge to our ancestor Abraham, to free us from our enemies, so we might worship without fear and be holy and just all our days.

And you, child, will be called Prophet of the Most High, for you will come to prepare a pathway for the Lord by teaching the people salvation through forgiveness of their sin.

Out of God's deepest mercy, a dawn will come from on high, light for those shadowed by death, a guide for our feet on the way of peace.

(Translation prepared by the International Commission on English in the Liturgy ICEL)

Additional prayers and devotions

The Laws of the Church

1. To keep Sundays holy; and to participate in Mass on Sunday and holy days of obligation.
2. To lead a sacramental life, frequently receiving the Eucharist.
3. To prepare for confirmation and to be confirmed.
4. To observe the marriage laws of the Church and to provide children with religious training.
5. To strengthen and support the Church.
6. To do penance, including abstaining from meat and fasting from food on appointed days.
7. To join in the missionary spirit and works of the Church.

(Adapted from Concise Catholic Dictionary for Parents and Religion Teachers by Reynolds Ekstrom and Rosemary Ekstrom)

Divine Praises

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most precious blood.
Blessed be Jesus in the most holy sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and immaculate conception.
Blessed be her glorious assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

Prayer for the Dead

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

The Litany of the Saints

Lord, have mercy, Christ, have mercy.
Lord, have mercy, Christ hear us, Christ, graciously hear us.
God, the Father in heaven, have mercy on us.
God, the Son, Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.
Holy Mary, Holy Mother of God, pray for us.
...pray for us. (after each invocation)

Holy Virgin of virgins,
St. Michael,
St. Gabriel,
St. Raphael,
All holy Angels and Archangels,
All holy orders of blessed Spirits,
St. John the Baptist,
St. Joseph,
All holy Patriarchs and Prophets,
St. Peter,
St. Paul,
St. Andrew,
St. James,
St. John,
St. Thomas,
St. James,
St. Philip,
St. Bartholomew,
St. Matthew,
St. Simon,
St. Thaddeus,
St. Matthias,
St. Barnabas,
St. Luke,
St. Mark,
All holy Apostles and Evangelists,
All holy Disciples of the Lord,
All holy Innocents,
St. Stephen,
St. Lawrence,
St. Vincent,
SS. Fabian and Sebastian,
SS. John and Paul,
SS. Cosmas and Damian,
SS. Gervase and Protase,

All ye holy Martyrs,
St. Sylvester,
St. Gregory,
St. Ambrose,
St. Augustine,
St. Jerome,
St. Martin,
St. Nicholas,
All holy Bishops and Confessors,
All holy Doctors,
St. Anthony,
St. Benedict,
St. Bernard,
St. Dominic,
St. Francis,
All holy Priests and Levites,
All holy Monks and Hermits,
St. Mary Magdalen,
St. Agatha,
St. Lucy,
St. Agnes,
St. Cecilia,
St. Catherine,
St. Anastasia,
All holy Virgins and Widows,

All holy saints of God, intercede for us.
Be merciful, spare us, O Lord.
Be merciful, graciously hear us, O Lord.

Prayer of Saint Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O Divine Master,
grant that I may not so much seek
to be consoled as to console
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to
eternal life.

Prayer of Saint Ignatius

Lord Jesus Christ,
take all my freedom,
my memory, my understanding,
and my will.
All that I have and cherish
you have given me.
I surrender it all to be guided
by your will.
Your grace and your love
are wealth enough for me.
Give me these, Lord Jesus,
and I ask for nothing more.

Regina Caeli

Queen of heaven, rejoice, alleluia.
The Son you merited to bear, alleluia,
has risen as he said, alleluia.
Pray to God for us, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord has truly risen, alleluia.

Let us pray.
God of life, you have given joy to the world by
the resurrection of your Son, our Lord Jesus
Christ. Through the prayers of his mother, the
Virgin Mary, bring us to the happiness of eternal
life. We ask this through Christ our Lord.
Amen.

Prayer to St. Michael

St. Michael the Archangel, defend us in battle;
be our defense against the wickedness and snares
of the devil. May God rebuke him, we humbly
pray; and do you, O prince of the heavenly host,
by the power of God, thrust into hell Satan and
the other evil spirits who prowl about the world
for the ruin of souls. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the
fires of Hell, bring all souls to heaven especially
those most in need of your mercy.